

What topics do I teach?

Some of the topics I teach include:

- Difficult conversations
- Effective meeting management
- Setting clear objectives
- Emotional intelligence
- Effective communication
- Effective feedback and performance management
- Conflict resolution
- Change management
- Coaching skills
- Empowerment, delegation and accountability
- Presentation skills
- Influence without authority
- Listening skills
- Managing the transition to leadership

As an award-winning designer, I'm able to custom-design a course or program that suits your needs as well.

Please note that all courses can be taught in person, or virtually.

See something interesting? Get a hold of me so we can see how it fits your needs.

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What topics do I facilitate?

Topics I facilitate:

- Individual development and succession planning
- Team building sessions using DiSC and LEGO® Serious Play®

What is DiSC?

DiSC is a model that explains one's preferred work and communication style. It's a great way for people to learn about themselves and each other in a fun, engaging way! Sessions vary in length from 2 - 4 hours, and various versions of the DiSC assessment allow us to do sessions with your team members, your leaders, or your salespeople!



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What is LEGO® Serious Play®?

The LEGO® Serious Play® Method is a facilitated meeting, communication and problem-solving technique for groups.

Participants are led through a series of questions, which go deeper into how they work.

Each participant builds his or her own three-dimensional LEGO model in response to the facilitator's questions using specially selected LEGO bricks.

These 3D models serve as the basis for group discussion, knowledge sharing, problem solving and decision-making.



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